




Government of India

# INDIA'S JOURNEY TOWARDS UNIVERSAL HEALTH COVERAGE



“Yoga is a symbol of universal aspiration  
for health and wellbeing.”

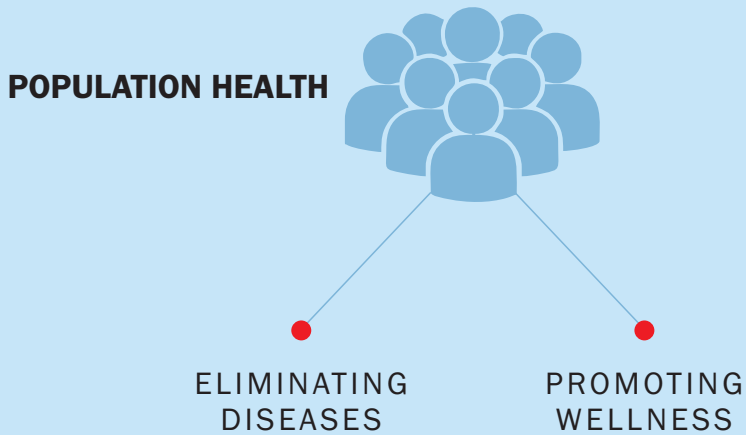
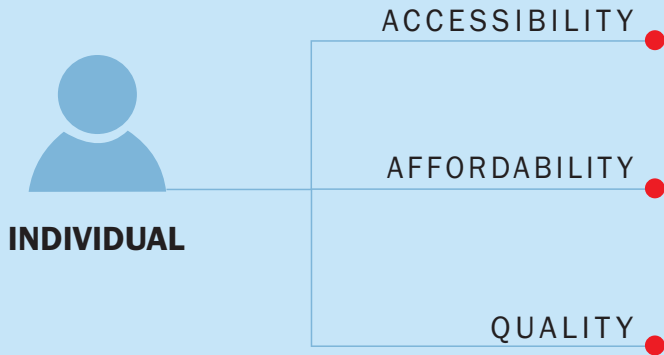
- Narendra Modi  
Prime Minister of India



“ The attainment of the highest possible level of health and well-being for all at all ages, through a preventive and promotive health care orientation in all developmental policies, and universal access to good quality health care services without anyone having to face financial hardship as a consequence. ”

National Health Policy, 2017

# UNIVERSAL HEALTH COVERAGE



# AYUSHMAN BHARAT: INDIA'S PATH TO UHC

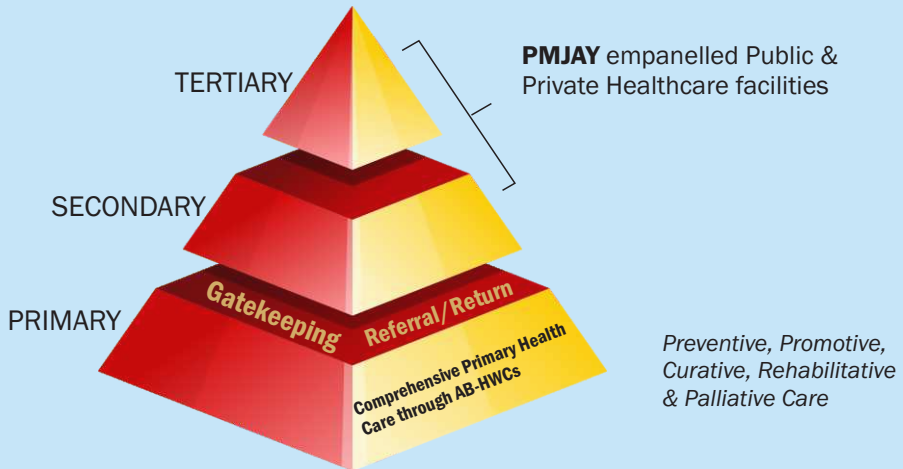
**Launched in 2018, with two components:**

Setting up of 150,000 **Health and Wellness Centers (HWCs)** by 2022, delivering Comprehensive Primary Health Care (CPHC), universal and free to all users spanning preventive, promotive, curative, rehabilitative and palliative care

Prime Minister's Health Protection Scheme / **Pradhan Mantri Jan Arogya Yojana (PMJAY)** providing financial protection- cashless at the point of care and portable, for secondary and tertiary care to 500 million people.



# AYUSHMAN BHARAT: UNIVERSAL HEALTH COVERAGE



## CONTINUUM OF CARE – PMJAY and HWC



# ONE YEAR OF IMPLEMENTATION

## PMJAY

**102 million**  
Beneficiaries Verified

**450,000 Hospital Admissions**  
Worth Rupees 73,450 million

**18,075**  
Hospitals Empanelled

**40,000+**  
Availed Treatment Outside Their Home State

## HEALTH AND WELLNESS CENTRES

More than  
**21,000**  
HWC operational

**17,063,522**  
foot falls

**952,134**  
Yoga Sessions  
conducted

**> 7 million**  
Hypertension  
Patients  
on treatment

**> 3.1 million**  
Diabetes Patients  
on treatment

**> 16 million**  
persons distributed  
Free and Essential  
medicines

**>30,000**  
people diagnosed  
with Cancers  
(Oral/Breast/  
Cervical)

**> 4.9 million**  
Persons availed  
free and essential  
diagnostics



## **UHC JOURNEY: INCREMENTAL AND ASPIRATIONAL**

**Aims at progressive integration of all sub population groups (adolescents, men and the elderly)**

**Ensures gradual inclusion of packages of high burden disease conditions**

**Screening of 30+ population for common Non Communicable Diseases (NCDs) ongoing**

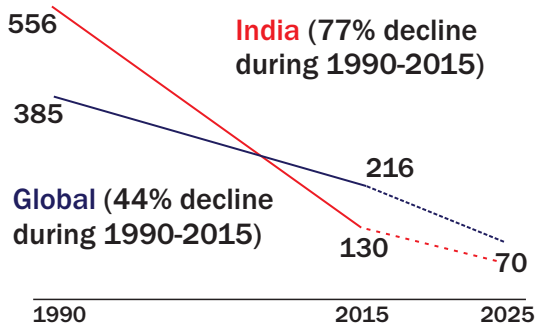
**Significant gains achieved from focus on Reproductive, Maternal, Newborn and Child Health (RMNCH) care (MDG targets achieved); communicable diseases continue to be a focus and now, chronic disease care being incorporated**

**UHC interventions build on a robust health systems platform, strengthening quality and high coverage**

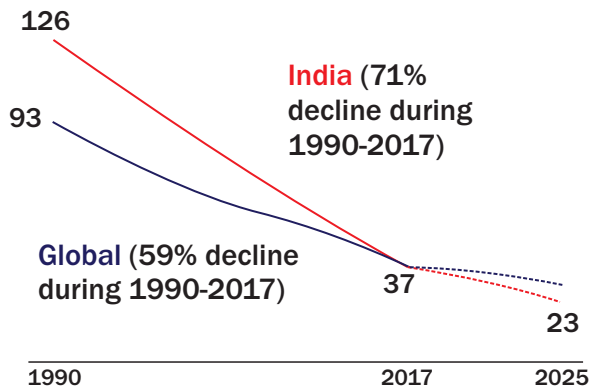


## MMR AND U5MR DECLINED IN INDIA FASTER THAN GLOBAL AVERAGE

### Maternal Mortality Ratio

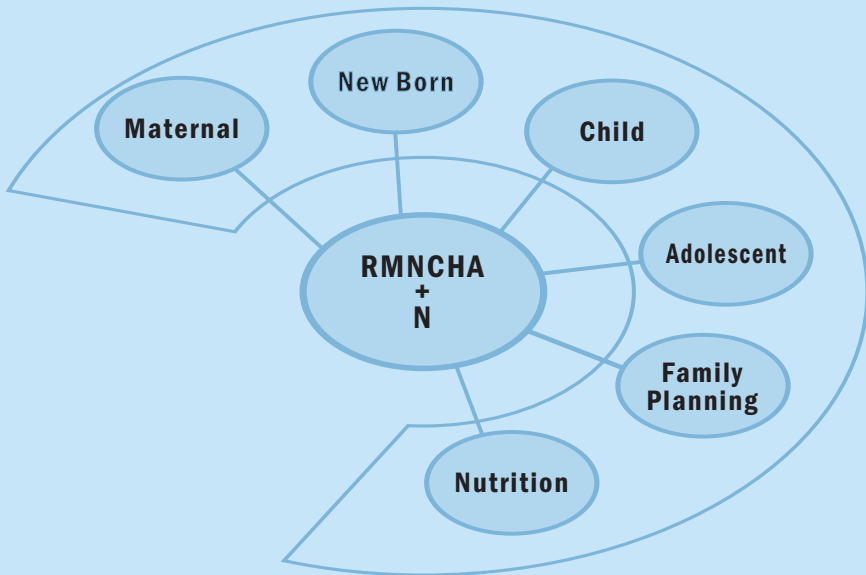


### Under 5 Mortality Ratio





## LIFE CYCLE APPROACH OF RMNCHA+N



### Maternal

- 23,240 Delivery Points established.
- Prime Minister's Safe Motherhood Campaign: 20 million antenatal care sessions undertaken since 2016
- LaQshya - strengthens key quality processes in labour rooms and maternity operation theatres
- Nurse practitioner Midwifery cadre introduced to improve coverage and quality of respectful maternity care



## **New Born**

- State of the art newborn care units >800 units established catering to 1.1 million newborns annually
- Home based newborn care provided to over 12 million newborns visited every year
- Active promotion of early Initiation of Breastfeeding

## **Child**

- 33.9 million children and 8.8 million pregnant women reached through focused immunization drive (Mission Indradhanush)
- Intensified Mission Indradhanush: Special drive to reach the unreached- increase of 18.5% in Full Immunization Coverage
- Unprecedented increase in the number of vaccines in national immunization programme- from 7 to 12 (Injectable Polio, Measles Rubella, Tetanus Adult Diphtheria (Td), Rotavirus, and Pneumococcal vaccine)
- 198 million children screened annually for 4Ds (Diseases, Defects, Deficiencies, Developmental Delays)

## **Nutrition**

- Nation wide POSHAN Abhiyan (Nutrition Campaign) launched



- Anaemia Free India: 3% reduction per annum targeted
- Annually >70 million under-five children covered through Intensified Diarrhoea Control Initiative
- >280 million children dewormed annually under National Deworming Day (NDD)

### **Adolescent**

- National Adolescent Health Program covers 253 million adolescents
- 7 million adolescents provided health services through 7500 dedicated adolescent clinics, annually
- 40 million adolescents receive weekly Iron Folic Acid tablet and nutritional advice annually

### **Family Planning**

- 24 out of 36 states/UTs have attained replacement level fertility
- Mission Parivar Vikas - Behaviour change communication campaigns and intensified family planning services implemented to reduce unmet need in 146 districts in India
- Three new contraceptives added to basket of contraceptives



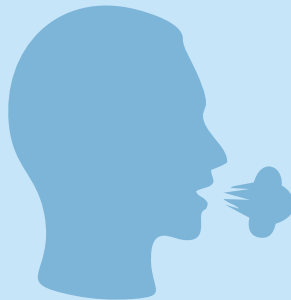
# UHC: REDUCING DISEASE BURDEN

## TB: ELIMINATION BY 2025

MDG **6** achieved:  
treated over **20** million  
patients; saving **3.5**  
million additional lives

Cash transfers for  
Nutritional  
support: **4400**  
million rupees  
disbursed in **18**  
months

Expanding access:  
ensuring early,  
appropriate and  
complete treatment  
for **2.15** million  
patients; over  
**400,000** DOT  
Centres



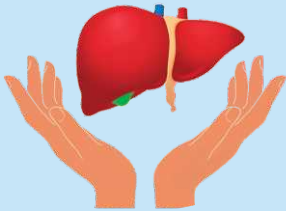
Private Sector, community  
and multi-sectoral  
partnerships

Over **99.5%** patients on  
newer, safer & injection  
free drug regimens

TB Forums with survivors,  
community engagement  
with local self governments



## VIRAL HEPATITIS



World's largest Viral Hepatitis Control Programme, to benefit nearly 50 million people.

Free of charge diagnostics and treatment for Hepatitis B & C.

Treatment costs for Hepatitis C reduced from \$1000/day to less than \$1/day

## HIV/AIDS



Over 80% decline in new infections from 1995 epidemic peak, against global average of 47%.

71 % decline in AIDS related deaths since 2005, against global average of 51% .



## **UHC: PREVENTING, MANAGING AND CONTROLLING NON-COMMUNICABLE DISEASES**

**Screening of Hypertension, Diabetes, Oral Cancer, Breast Cancer and Cervical Cancer for all individuals over 30 years of age in the community ongoing.**

**Capacity building and Task shifting between frontline workers undertaken**

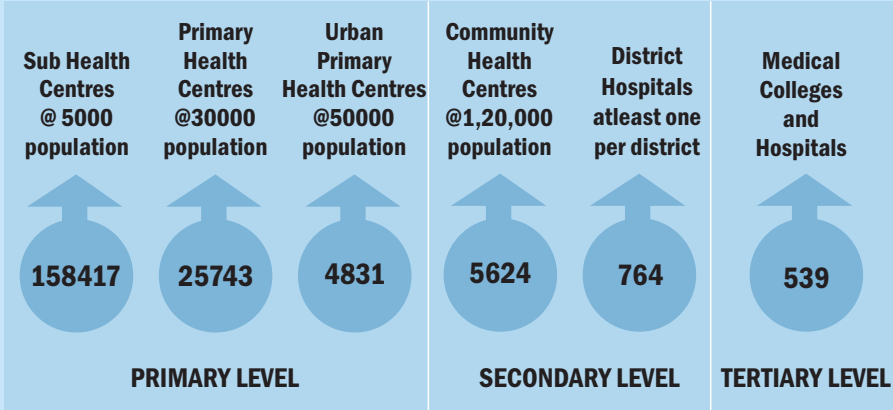
**Gradual expansion of primary care package to add care of the elderly, mental health and palliative care.**

**Increasing access to secondary care for sequel of Non-Communicable Diseases: Prime Minister's National Dialysis Programme operational in 460 districts; reached 497,000 patients.**



## UHC: ENSURING ACCESS TO CARE

Strengthening Public health infrastructure - Creating a wide network of health facilities



### Transport - Free Ambulance services



All India

Dial 108	Dial 102/104	Other patients transport vehicle	Total Ambulance under NHM	State Ambulances
<b>9305</b>	<b>10589</b>	<b>5957</b>	<b>25851</b>	<b>11127</b>

### Mobile Medical Units

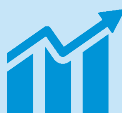


All India  
**1741**

## UHC: EXPANDING HUMAN RESOURCES



**539**  
medical  
colleges



Number of  
undergraduate medical  
seats increased from  
**50,000 to 80,000**  
in the past five years

Post-graduate  
medical seats  
grew from  
**32,000 to 41,000**



Undergraduate  
seats expected  
to reach  
**120,000 by 2024**



**One million**  
ASHAs or  
Community  
Health Workers



Reduced cost of  
medical education by  
**Improved mechanism**



Number  
of nurses/auxiliary  
midwives engaged  
in public sector **doubled**



Health workforce  
created jobs  
**mainly for women**





## **UHC: CORRECTING REGIONAL IMBALANCES AND REDUCING INEQUITY**

**Variations in socio-cultural, political, geographic, and economic factors** - targeted approaches to address inequity in access

**112 Aspirational districts**, with low developmental indicators, provided with 30% additional funds and programmatic support

**Multisectoral Community campaigns** focusing on education, health, nutrition, agriculture and livelihood launched

Health and Nutrition given **30% weightage**; encompassing **13 core indicators** and **31 sub-core indicators**

Enhanced budget allocation and additional funds of > **300 million Rupees per month** as financial incentives provided



## UHC: RESOURCE AUGMENTATION

Committed to raise public investments in health care to **2.5% of the GDP** and to allocate two-thirds of the budget to primary health care.

**Health and Education Cess** on Income tax at 4% to finance quality health services and universal education introduced.

Extra Budgetary funding through Special Purpose Vehicle: A **Higher Education Funding Agency** (HEFA) set up for infrastructure development.

Products such as tobacco are in the higher tax slab.

States initiating '**fat tax**' on junk food: Kerala



## UHC: LEVERAGING DIGITAL TECHNOLOGY

- India is the chair of Global Digital Health Platform
- National Digital Health Blueprint released
- **AB-PMJAY** application to provide cashless & paperless treatment to patients
- **Centre for Electronic Health Records (EHR) Standards** established; EHR & Health Metadata & Data Standards notified
- **Mother and Child Tracking System** to ensure inclusion, follow up of high risk and enable complete coverage with services.
- **My Health Record:** a mobile application to create and manage personal health record by citizens
- **Integrated Health Information Platform (IHIP) / IDSP** for name based monitoring of 33 epidemic prone disease on a real time basis
- **NCD application:** to enable continuum of care and follow up for treatment adherence.
- **Nikshay:** a web-based application for monitoring of TB Patients
- **Drug & Vaccine Distribution Management System:** automated tracking of supply chain of drugs, sutures, surgical items
- **e- Raktkosh:** a centralized blood bank management system



- **e-VIN:** digitizes vaccine stocks & monitors the maintenance of cold chain through smart phone for real-time management
- **Mera Aspatal:** an application for real time patient feedback for health services in public health facilities
- **AB: HWC Portal:** to enable real time monitoring of various components of HWC.



# UHC: INCREASING ACCESS TO MEDICINES

## INDIA



Supplies over  
**50 per cent**  
of global demand  
for various vaccines



**THIRD  
LARGEST**  
producer of  
generic drugs  
in the world

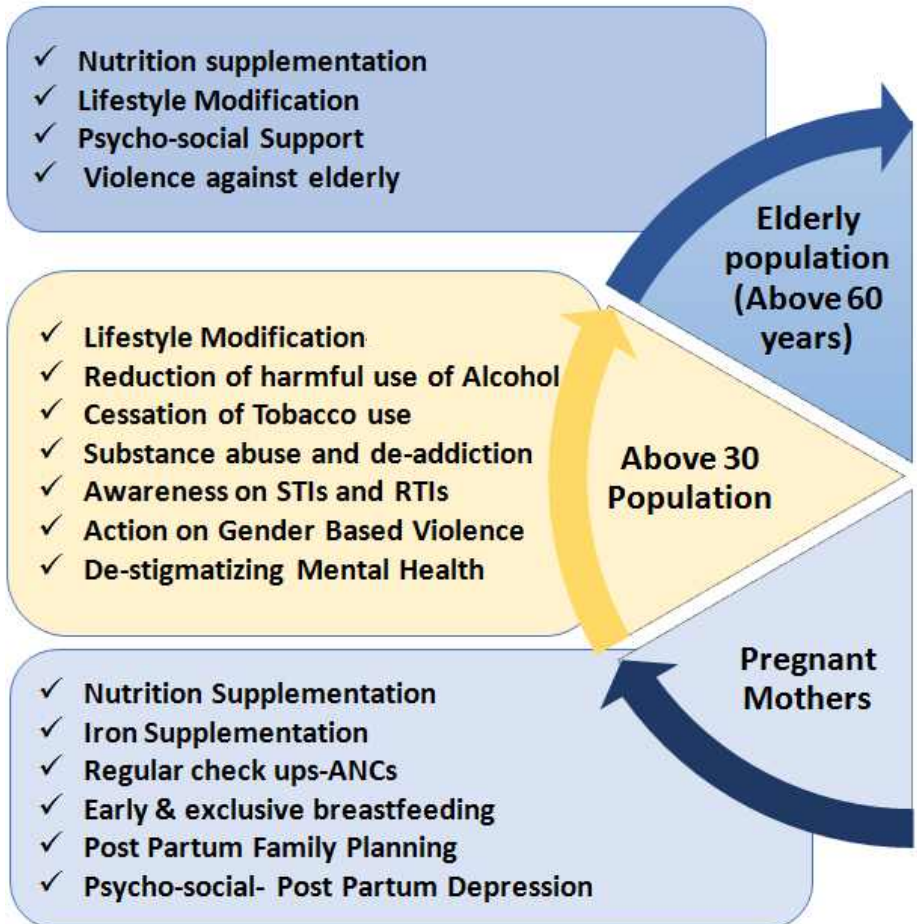


Manufactures  
almost every  
**5th pill**  
used by  
patients worldwide

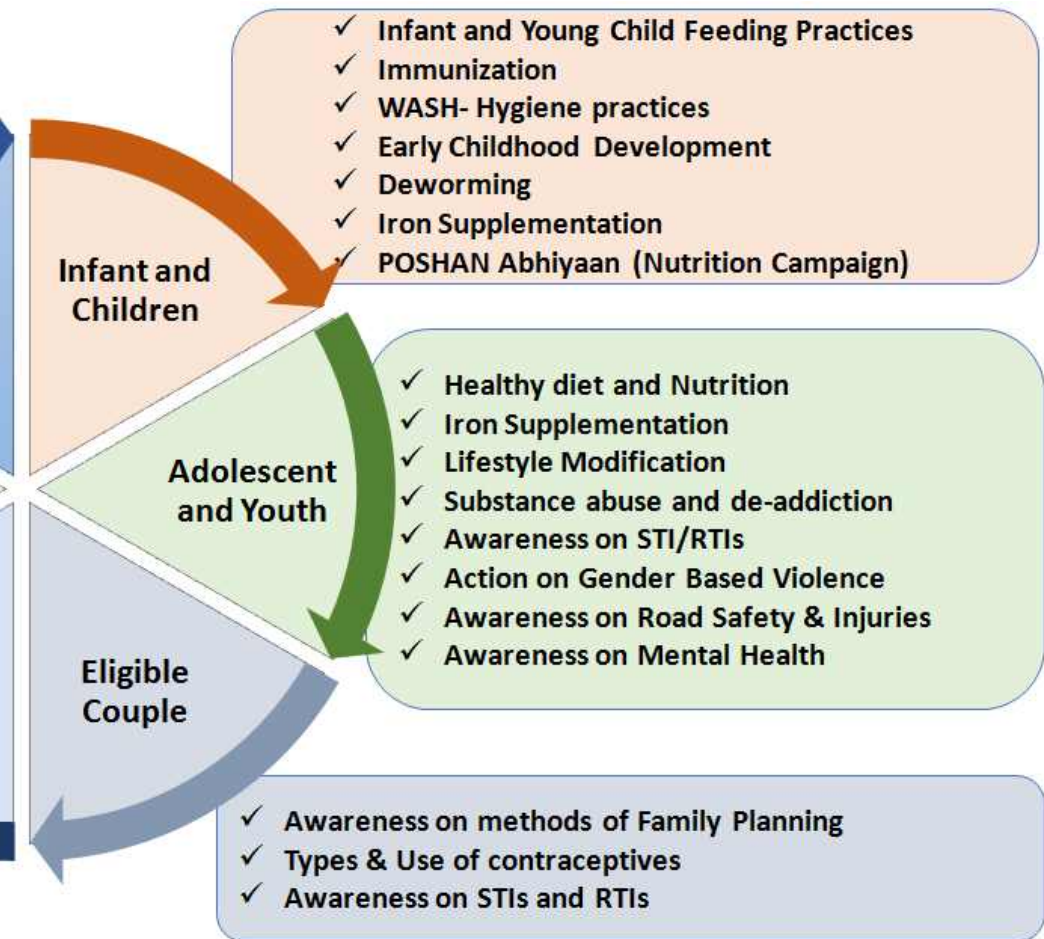
- **AMRIT (Affordable Medicines and Reliable Implants for Treatment) Pharmacies:** provides Reliable Implants and Affordable Medicines for cancer and cardiovascular diseases.
- **Prime Minister's Bhartiya Janaushadhi Pariyojana:** Making quality medicines available at affordable prices for all, particularly the poor and disadvantaged, through 5000 Stores for Quality generic medicines.



## UHC: A LIFE CYCLE

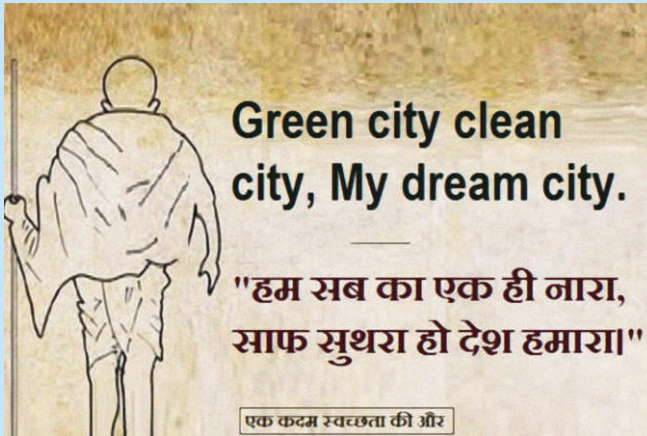


## MULTI SECTORAL APPROACH



## SWACHH BHARAT ABHIYAN / CLEAN INDIA CAMPAIGN

The Swachh Bharat Mission was launched on 2nd October 2014 with a goal of achieving universal safe sanitation and improving the health and well being of all Indians by 2nd October 2019.



**10 million**

Household Toilets Built  
Since 2nd Oct, 2014

**5,99,693**

Open Defecation  
Free Villages

**99.99%**

Unprecedented progress  
in rural sanitation

**35**

Open Defecation  
Free States/UTs





## **UHC: PROMOTING WELLNESS THROUGH MULTI-SECTORAL CONVERGENCE**

- **Preventive and Promotive Healthcare Services involving**
  - Behaviour change communication through Self Help Groups, youth and other organized groups, VHSNCs, PRIs, ULBs, etc.
- **Regular Yoga Sessions for the community at HWCs.**
- **Partnering with Fit India Movement**
  - Wellness through regular physical activities
- **Eat Right India campaign**
  - Wellness through healthy diet
  - Eat Healthy – Balanced Diet; Less salt, Less sugar
  - Eat Safe - Food adulteration detection kits at PHCs
- **Ayushman Bharat Health and Wellness Ambassadors**
  - Making teachers and children as Health and Wellness Ambassadors through a standard curriculum
- **Regular conduct of Health promotion activities at AB-HWCs as per the flexible Health Calendar.**
- **Reducing Indoor and Outdoor Air Pollution**
  - **Prime Minister's Ujjawala Yojana:** Cooking Gas Coverage increased from 55% to 94% in five years, bringing down particulate matter 2.5 level



## TOBACCO CONTROL

- **Prohibited electronic cigarettes** (Electronic Nicotine Delivery Systems) by an enactment
- **Large Pictorial Warnings (85%)** with Quitline number on all consumable tobacco packs
- Implementation of rules for display of Statutory warnings in **films** and **TV** programmes

### FINDINGS FROM GLOBAL ADULT TOBACCO USE- ROUND 2, (2016-2017)

**17.3** percent reduction in prevalence of tobacco use



Tobacco use among those between 15 and 24 years reduced from **18.4** percent to 12.4 percent

Initiation of Tobacco use: Mean age at increased from **17.9** years to **18.9** years





**FOR INDIA, UNIVERSAL HEALTH COVERAGE IS:**

**A journey of partnerships: engaging not for profit,  
and private sectors, universities, research  
agencies, policy fora, think tanks, and civil  
society organizations**


**About People's Participation: leveraging Self Help  
Groups, Community collectives, and local self  
government representatives.**

**Enabling Continuous Implementation  
Research: Learning, adapting and  
sustaining progress**



**Ayushman Bharat - Long Live India**

# UNIVERSAL HEALTH COVERAGE EVERYONE, EVERYWHERE



*“Government is working with a holistic approach to improve health sector. Our focus is on both 'affordable health care' and 'preventive health care'.”*

**- Narendra Modi**  
Prime Minister of India

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