

No. A. 17020/1/2010-MS
Government of India
Ministry of Health and Family Welfare
(Medical Services Division)

Nirman Bhawan, New Delhi,
Dated 21st October, 2011

To,

As per list attached.

Subject: Introduction of Annual Medical Examination Scheme for the Group 'A' Officers of Central Civil Services of above 40 years of age.

Sir,

It has been decided to introduce Annual Medical Examination Scheme initially for all Central Civil Services Group 'A' officers of above 40 years of age. For this purpose, this Ministry had requested all the CGHS empanelled hospitals in Delhi to indicate their best package rates for undertaking the Annual Medical Examination Scheme of the officers as per the prescribed standard protocol.

2. In response to the Ministry's request, hospitals in and around Delhi have submitted their offers indicating their package rates for undertaking the medical examination of the officers as per the Scheme.

3. After due examination of the responses received from the hospitals in Delhi, following package rates have been approved by the Ministry of Health and Family Welfare as uniform standard rates for the Scheme:

(i)	Annual Medical Examination of the Men Officers	-	Rs. 2,000/-
(ii)	Annual Medical Examination of the Women officers-		Rs. 2,200/-

4. It has further been decided that the above approved rates may be offered to all the hospitals empanelled under CGHS for indicating their willingness to associate with the Scheme. Hospitals interested in providing their services under the Scheme to the Central Government officers may indicate their willingness to this Ministry so that a panel of hospitals could be formed and the Central Government Officers concerned could be informed accordingly to avail such services from those hospitals. A copy of the standard protocol of the tests to be undertaken is enclosed as ANNEXURE-I.

5. An MOA is also required to be signed by the interested hospitals in the prescribed proforma as per Annexure-II.

6. You are requested to indicate your willingness in writing to the undersigned for the above said Annual Medical Examination Scheme for the Central Government officers, by 04.11.2011 positively.



(V.P. Singh)

Deputy Secretary to the Government of India
Tele: 23061831

Encl: As above.

List of hospitals

S.No.	NAME OF HOSPITALS	
1	A.17020/1/2010-MS Yashoda Hospital. III-M, Nehru Nagar, Ghaziabad-201010.	2 A.17020/1/2010-MS Deepak Memorial Hospital & MRC 5, Institutional Area, Vikas Marg Extension-11, Delhi-92.
3	A.17020/1/2010-MS Sri Balaji Action Medical Institute FC-34, A-4, Paschim Vihar, New Delhi-110063.	4 A.17020/1/2010-MS Park Hospital. 12, Chowkandi, Outer Ring Road, West Delhi (Near Kesavpur Depot) New Delhi-110018.
5	A.17020/1/2010-MS Yashoda Superspeciality Hospital. H-1, Kaushambi, Ghaziabad, UP-201010.	6 A.17020/1/2010-MS Tirath Ram Shah Hospital. 2 A, R.B.L., Isher Das Sawhney Marg, Rajpur Road, Delhi-110054.
7	A.17020/1/2010-MS Jeevan Anmol Hospital. Mayur Vihar, Phase-1, Delhi-91.	8 A.17020/1/2010-MS Kalra Hospital SRCNC. A-5 & 6, Kirti Nagar, Main Najafgarh Road, New Delhi-110015.
9	A.17020/1/2010-MS G.M. Modi Hospital & Research Centre for Medical Sciences. Mandir Marg, Saket, New Delhi-110017.	10 A.17020/1/2010-MS Mata Chanan Devi Hospital, C-1, Janakpuri, New Delhi-110058.

11	A.17020/1/2010-MS Jeevan Mala Hospital Pvt. Ltd. 67/1, New Rohtak Road, New Delhi-05.	12	A.17020/1/2010-MS Jeevan Nursing Home. , 2-B, Pusa Road, New Delhi-110005.
13	A.17020/1/2010-MS Kailash Hospital Ltd. , 23, KP- 1, Greater Noida-201305.	14	A.17020/1/2010-MS Sumitra Hospital. A-119, Sec.35, Noida-201301.
15	A.17020/1/2010-MS Prakash Hospital Pvt. Ltd. D- 12, 12- A, 12-B, Sec.-33, Noida-201301.	16	A.17020/1/2010-MS St.Stephen's Hospital ,Tis Hazari, Delhi-110401.
17	A.17020/1/2010-MS Escort Hospital and Research Centre, Neelam Bata Road, Faridabad, Harayana-121001.	18	A.17020/1/2010-MS Sunderlal Jain Charitable Hospital, Ashok Vihar, Phase-III, Delhi- 110052.
19	A.17020/1/2010-MS R.L.K.C Hospital & Heart Institute Depot, New Delhi. (A unit of R. L. Khara Charitable Trust), Naraina Road, Near Shadipur- 110008.	20	A.17020/1/2010-MS Satya Medical Centre. A-98 A, Sec.34, Noida-201301.
21	A.17020/1/2010-MS Metro Hospital & Cancer Institute. 21,Community Centre, Preet Vihar, Delhi- 110092.	22	A.17020/1/2010-MS National Heart Institute. 49-50, Community Centre, East of Kailash, New Delhi.-110065.
23	A.17020/1/2010-MS Orthonova Hospital, C-5/29, Opp Main IIT Gate Safdarjung Development Area, New Delhi-110016.	24	A.17020/1/2010-MS Sunil Hospital15/199, Main Panchsheel, Shivalik Road, Malviya Nagar, New Delhi-110017.

25	A.17020/1/2010-MS Jain Hospital. 177-178, Jagriti Enclave, Delhi-92,	26	A.17020/1/2010-MS Bhardwaj Hospital. NH-1, Sec. 29, Noida-201301
27	A.17020/1/2010-MS Kukreja Hospital & Heart Centre Pvt.Ltd. C-1, Vishal Enclave, Rajouri Garden, New Delhi-110038.	28	A.17020/1/2010-MS Bansal Hospital. A-1, New Friends Colony, New Delhi-25,
29	A.17020/1/2010-MS Tirupati Stone Centre & Hospital. 6, Gagan Vihar, Delhi-110051.	30	A.17020/1/2010-MS Sanjeevan Medical Research Centre. (P) Ltd., 4869 / 24, Ansari Road, Darya Ganj, Delhi-110 002
31	A.17020/1/2010-MS Fortis Hospital Noida. B-22, Sec. 62, Noida-201301	32	A.17020/1/2010-MS Khandelwal Hospital & Urology Centre. B-16, Main Road, East Krishna Nagar, Delhi-110051
33	A.17020/1/2010-MS Panchsheel Hospitals Pvt. Ltd. ., C 3/64A, Yamuna Vihar, Delhi-110053	34	A.17020/1/2010-MS Metro Heart Institute. Sec.16A, Faridabad-121002
35	A.17020/1/2010-MS Brij Medical Centre. KK-54, Kavi Nagar, Ghaziabad-201009	36	A.17020/1/2010-MS Metro Hospital & Heart Institute. Lajpat Nagar, 14, Ring Road, Lajpat Nagar- IV, Delhi-110024.

37	A.17020/1/2010-MS Paras Hospital, C-1, Sushant Lok, Phase-1, Guargaon, Haryana Pin-122001	38	A.17020/1/2010-MS Delhi Heart & Lung Institute. 3-MM 11, Cardiology & Cardiothoracic Panchkuian Road, New Delhi-55
39	A.17020/1/2010-MS Bhagwati Hospital. , Sec. 13, Rohini, Delhi-85.	40	A.17020/1/2010-MS Escort Heart Institute and Research Centre. Okhla Road, New Delhi-25
41	A.17020/1/2010-MS Moolchand Hospital. , Lajpat Nagar III, New Delhi-110 024.	42	A.17020/1/2010-MS Max Devki Heart & Vascular Institutel. 2 Press Enclave Road, Saket, New Delhi.-110017
43	A.17020/1/2010-MS Max Superspeciality Hospital. 1 Press Enclave Road, Saket, New Delhi-110017.	44	A.17020/1/2010-MS Garg Hospital, 8-9, A.G.C.R. Enclave, Opp. Karkardooma Courts, Delhi-92.
45	A.17020/1/2010-MS Fortis Flt. Lt. Rajan Dhall Hospital. Sec.-B, Pocket-I, Vasant Kunj, New Delhi-110070.	46	A.17020/1/2010-MS Indian Spinal Injury. Vasant Kunj, New Delhi-110070.
47	A.17020/1/2010-MS Metro Hospital & Heart Institute, X-1, Sec. 12, Noida-201301.	48	A.17020/1/2010-MS Max Health Care. Gurgaon, Block-B, Shushant Lok, Phase-I, Gurgaon-01.

49	A.17020/1/2010-MS Kailash Hospital & Heart Institute. H- 33, Sec.27, Noida-201301.	50	A.17020/1/2010-MS Indraprastha Apollo Hospital. Sarita Vihar, Delhi-110076.
51	A.17020/1/2010-MS MGS Hospital, 35/37 Rohtak Road, West Punjabi Bagh, New Delhi-26	52	A.17020/1/2010-MS Vinayak Hospital. NH-I, Sector-27, Atta Noida-201301
53	A.17020/1/2010-MS Surbhi Hospital Pvt. Ltd. Near City Centre Metro, Golf Course Road, Morna, Sec. 35, Noida-201301.	54	A.17020/1/2010-MS Malik Radix Health Care Pvt. Ltd. C-218, Nirman Vihar, Delhi-110092
55	A.17020/1/2010-MS Kukreja Hospital. D-36, Acharya Niketan, Mayur Vihar, PH-I, Delhi-91	56	A.17020/1/2010-MS NOIDA Medicare Centre. 16 – C, Block F, Sector 30, NOIDA-201301.
57	A.17020/1/2010-MS Primus Super Speciality Hospital(earlier known as Primus Ortho & Spine Hospital) 2, Chandra Gupta Marg, Chanakya Puri, New Delhi-21.		

**Memorandum of Agreement (MOA) between the Central Government and ---
--(name of Hospital) for Empanelment under Annual Medical Examination
Scheme for Central Civil Services Group 'A' Officers of above 40 years of
age.**

This Memorandum of Agreement is made on ----- day of 2011 between the President of India who shall be the 1st party and----- (name of hospital), ----- (referred as -----who shall be 2nd party) under which the Hospital/Institution shall undertake the investigations/diagnostic tests/consultations/examinations etc. of the Central Govt. Group 'A' Officers as per the prescribed protocol for Annual Medical Examination.

Whereas----- (name of hospital), has applied for empanelment as a service provider for conducting the Annual Medical Examination of the Central Civil Services Group 'A' Officers of above 40 years of age; and

Whereas the Central Government in the Ministry of Health and Family Welfare had vide its O.M. No.-----dated -----2011 empanelled ----- (name of hospital), for conducting all investigations/diagnostic tests/consultations/examinations etc of the Central Civil Services Group 'A' Officers of above 40 years of age as per the prescribed protocol, subject to the condition that the hospital shall not charge more than Rs. 2000/- for conducting the prescribed medical examinations of the male officers and Rs. 2200/- for female officers of Central Government who come to the hospital /institution with the requisite permission letter from their Department/Ministry concerned.

Now, therefore, the Central Government and----- (name of the hospital) hereby enter into an Agreement to be mutually adhered to by both the parties whose terms, conditions and applications are as below:-

1. ----- (name of hospital), is empanelled for conducting all prescribed investigations/diagnostic tests/consultations/examinations etc of the Group 'A' Central Government Officers according to the prescribed protocol as per Annexure, subject to the conditions that:-

(i) ----- (name of hospital), will not charge the Central Government Employees more than Rs. 2000/- for conducting the prescribed medical examinations of the male officers and Rs. 2200/- for female officers.

(ii) The above rates shall be valid for a period of 3 years from the date of signing of MOA or until such time that the rates are revised by the Central Government ;

(iii) _____(name of hospital), shall not discriminate in any way against the Central Government officers for conducting the investigations/diagnostic tests/consultations/examinations etc in the hospital as compared to any other patient;

(iv) The hospital shall provide access to the financial and medical records for review by medical and financial auditors of the Central Government and the officials of the Ministry of Health and Family Welfare, Govt. of India, as and when necessary;

(v) The Hospital shall also provide reports in the prescribed format to the Ministry of Health and Family Welfare in respect of the officers attended by them on monthly basis.

(vi) Any legal liability arising out of such services shall be dealt with by the hospital/institution and it shall alone be responsible.

(vii) The Central Government reserves the right to derecognize -----
----- (name of Hospital) after due enquiry, in the case of any complaint of overcharging / deficiency in service, without any notice, and without any prejudice to any other action to be taken as per law.

(viii) In case of any dispute, Director CGHS would act as the sole arbitrator and his/her decision would be final and binding on both the parties..

2. Neither Party may assign this MOA or any interest therein without the written consent of the other party. The laws of the Government of India shall govern the construction and interpretation of this MOA.

3. If any provision of this MOA or any provisions of any document incorporated by reference shall be held invalid, such invalidity shall not affect other provisions of this MOA. This MOA can be given effect without invalid provision, and to this and, its other provisions are declared to be severable.

4. This MOA contains the entire Agreement between the two parties and no statements, promises or inducements made by either parties, its authorised parties or expert groups that are not contained in this MOA shall be valid and binding. This MOA can be modified or altered only on a written agreement signed by both the parties.

5. The original copy of this Memorandum of Agreement (MOA) shall be kept at the office of First Party and a true copy shall be retained in the office of Second Party.

Signed on ----- day of ----- 2011
at-----.

For Central Government
(First party)
Office seal.

For Hospital
(Second party)
seal

ANNUAL HEALTH CHECK FOR THE CENTRAL CIVIL SERVICES GROUP 'A' OFFICERS ABOVE 40 YEARS OF AGE

Name : MR/ Mrs/Miss

Age : Years

Sex : M ☐ F ☐

Marital Status: Married ☐ Unmarried ☐ Widow /widower ☐ Divorcee ☐

Residential Address :

Telecontact : (R)

(O)

(M)

E-mail ID :

CGHS BEN ID NO (if, any):

Office Address :

Blood Group: ☐

History of Known Conditions (Tick appropriate Box)

☐ ☐

Raised BP- Yes ☐ No ☐ If, yes Regular treatment- Yes ☐ No ☐

DM - Yes ☐ No ☐ If, yes- on Regular treatment-Yes ☐ No ☐

IHD Yes ☐ No ☐ If, yes- on Regular treatment- Yes ☐ No ☐

Stroke Yes ☐ No ☐ If, yes- on Regular treatment- Yes ☐ No ☐

CRF Yes ☐ No ☐ If, yes- on Regular Dialysis Yes ☐ No ☐

Family History of DM ☐ HT ☐ Obesity ☐

Life Style- Smoker -Yes ☐ No ☐ If yes Number per day

Ex-Smoker ☐ Years of Smoking

Alcohol Yes ☐ No ☐ Any Alh. Hepatitis in Past ☐

If regular how many pegs per day

Regular Exercise Yes ☐ No ☐

For more than 20 mts atleast 3times in a week

GENERAL PHYSICAL EXAMINATION :

Weight : (Kgs) Height : (mtrs) BMI

Pulse : / mt BP : / mm of Hg Temp.: F

SYSTEMIC EXAMINATION FINDINGS

RESP SYSTEM

CVS

ABDOMEN

CNS

LOCOMOTOR SYSTEM

DENTAL EXAMINATION

EYE EXAMINATION

DISTANT VISION

R

L

WITH GLASSES

R

L

NEAR VISION

COLOUR VISION

TONOMETRY

FUNDUS EXAMINATION

LOCAL FINDINGS

DIAGNOSIS & ADVICE

ENT

ORAL CAVITY

NOSE

THROAT

LARYNX

DIAGNOSIS & ADVICE

GYNECOLOGICAL HEALTH CHECK (FOR WOMEN)

HISTORY :

1. Periods : Regular / Irregular since days
 - Delayed / Polymenorrhea L.M.P. days ago
 - Menstrual Flow : Normal / Scanty / Excessive
2. Discharge P/V : None / Mucoid / Purulent / Hemorrhagic
3. Mass protruding P/V : None / Present
4. Urinary complaints : None / Present
5. No. of Pregnancies :
6. No. of Deliveries :
7. No. of Abortions :
8. No. of LSCS :

PELVIC EXAMINATION (if indicated)

1. Local Examination :
2. Per Vaginum (P/V) :
3. Per Speculum (P/S) :

SURGICAL EXAMINATION

BREAST EXAMINATION :

Right

Left

PRESENCE OF ANY LUMP

UROLOGICAL EXAMINATION(FOR MEN ONLY)

RECTAL EXAMINATION(FOR MEN ONLY)

INVESTIGATIONS REPORTS

Investigation	Report	Normal Range
<u>HAEMOGRAM :</u>		
• Haemoglobin	gms	(14-17 gms M),(11 - 16gmsF)
• T.L.C.		(4000-11000/cmm)
• D.L.C.		
Polymorphs		(50 - 70 %)
Lymphocytes		(20 - 40 %)
Eosinophils		(1 - 4 %)
Basophils		(0 - 1 %)
Monocytes		(1 - 4 %)
• Peripheral smear		
<u>URINE EXAMINATION :</u>		
• Colour		
• Albumin	Absent / Traces / + / ++ / +++	(Absent)
• Sugar	Absent / Traces / + / ++ / +++	(Absent)
• Microscopic Ezam.		
<u>BLOOD SUGAR :</u>		
• Fasting	mg %	(70 - 100 mg %)
• Post-prandial	mg %	(80 - 110 mg %)
<u>LIPID PROFILE :</u>		
• Total Cholesterol	mg %	(100 - 200 mg %)
• HDL Cholesterol	mg %	(35 - 155 mg %)
• LDL Cholesterol	mg %	(Upto 130 mg %)
• VLDL Cholesterol	mg %	(10 - 30 mg %)
• Triglycerides	mg %	(50 - 150 mg %)
<u>LIVER FUNCTION TESTS :</u>		
• S. Bilirubin (Total)	mg %	(Upto 1.0 mg %)
• S. Bilirubin (Direct)	mg %	(Upto 1.0 mg %)
• S.G.O.T.	units/L	(1 - 21 units / L)
• S.G.P.T.	units/L	(7- 27 units / L)
<u>KIDNEY FUNCTION TESTS :</u>		
• Blood Urea	mg %	(7 - 18 mg %)
• S. Creatinine	mg %	(0.6 - 1.2 mg %)
• S. Uric Acid	mg %	(2 - 7 mg %)
FOR MEN :		
• PSA	ng / ml	(0 - 4 ng / ml)

FOR WOMEN:

- PAP SMEAR

X-RAY – CHEST PA VIEW REPORT

ECG (ELECTRO CARDIOGRAPHY) REPORT

TMT REPORT

USG (ULTRASONOGRAPHY- ABDOMEN) REPORT

MAMMOGRASPHY REPORT (WOMEN ONLY)

SUMMARY OF THE MEDICAL REPORT

1.	Overall Health of the Officer	
2.	Any other remarks based on the health medical check up of the Officer	
3.	Health Profile Grading	

Signature of Physician with Seal

Dated

Place: